



We know Zumba is for everyone! And now there is a specially designed Zumba class for kids. Zumbatomic is just for kids! Have you ever had trouble getting your child to exercise? You won't with Zumbatomic...they will have such a great time that they won't even realise that they are getting exercise at the same time. Your child will develop co-ordination, rhythm,



**What to Wear:**

*Footwear* - Runners or Sneakers

*Clothing* - Have fun and be funky! Lots of colour with non-restrictive clothing, something you would wear to the gym eg. Track pants, shorts, lycra leggings, T-shirts and



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