PLANET FITNESS SPA

Terms of Use

- Wipe down all equipment after use.
- A towel must be used at all times.
- Must be over 18 years old to use Sauna.
- No nudity at any time.
- Consult with a qualified health care professional before use of any Planet Fitness Spa equipment.
- Do not use if you suspect you have or have been treated for, diagnosed with or have a family history of any medical conditions. This may include but is not limited to:
    - Cardiovascular issues or high blood pressure
    - Diabetes
    - Chronic conditions / diseases associated with reduced ability to sweat or perspire
    - Hemophiliacs / individuals prone to bleeding
    - Fever & insensitivity to heat
    - Joint injury or back pain
    - Metal pins, rods, artificial joints or any other surgical implants
    - Pacemakers / Defibrillator
    - Spinal conditions
    - Pregnant or breastfeeding
- In the event that you experience pain or discomfort, immediately discontinue equipment use.

I hereby accept that I have voluntarily elected to participate in the use of Planet Fitness Spa equipment. I hereby release to the full extent permitted by law, the owner and their agents/staff, trading as Total Planet Fitness from all claims and demands with respect to any accident, damage, loss and pain/suffering however caused. This includes massage chairs, HydroMassage beds, and infrared sauna.

PLANET FITNESS AUSTRALIA

RELAX · RECHARGE · REJUVENATE